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ORGANIZATIONAL CHART & EPC ABBREVIATIONS

BLOCK CAPTAIN MANUAL

BLOCK CAPTAIN
COORDINATOR MANUAL

DISTRICT DIRECTOR
MANUAL

EPC PERSONNEL LIST

REFERENCE: FIRST AID INFORMATION

REFERENCE: RESIDENT INFORMATION



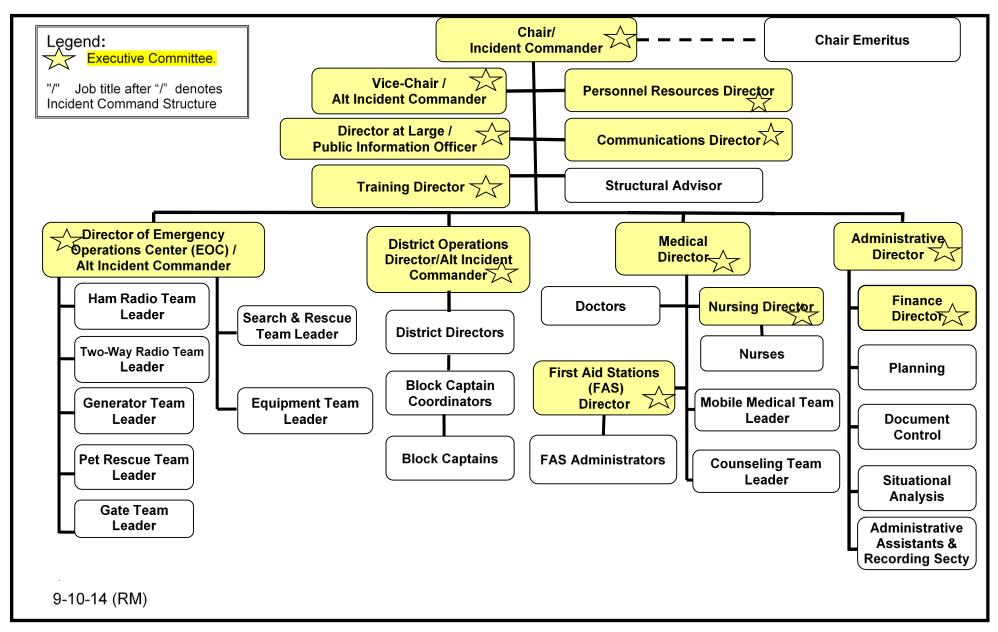
SCPD EMERGENCY PREPAREDNESS DISTRICT OPERATIONS Manual

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Emergency Preparedness Organization Chart Includes Incident Command Structure 9/10/14





Sun City Palm Desert

Emergency Preparedness

District Operations

Block Captain Manual

This manual is for the use of our SCPD Emergency Preparedness Committee (EPC) volunteers. Please return when it is no longer used for EPC activities.

Revised September 2014



Block Captain Manual

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Block Captain Manual Revised 9-15-14



WELCOME!!!

The Emergency Preparedness Committee (EPC) of Sun City Palm Desert (SCPD) is pleased to welcome you as a Block Captain. You are a valuable member of our team. We thank you for volunteering your time and experience to help our community be ready for an emergency or disaster.

HOW THE EPC WORKS

The EPC is an all-volunteer committee within SCPD. The EPC was formed to train, inform and assist SCPD residents and staff in the event of an emergency or natural disaster. You and your neighbors have many different areas of expertise that benefit all of us in case of an emergency. In addition, we have residents who just want to help their neighbors in an emergency.

The EPC network is divided into 14 geographical districts that closely correspond to the 15 neighborhood districts within SCPD. Each district is headed by a District Director (DD), then segregated into subdivisions, each headed by a Block Captain Coordinator (BCC). Each BCC has between 7 and 15 Block Captains (BC).

In the event of an emergency, a decision to activate the entire EPC network within SCPD is made by the Executive Committee of the EPC (see page 3) who have long-term experience in emergency preparation.

At the time of activation, you are asked to report to your assigned Command Post (CP) within your District. As available volunteers assemble, equipment is distributed and home checks begin throughout our community. First Aid Stations (FAS), Pet Rescue Teams, Search and Rescue Teams and others begin working to help residents in need.

SCPD has its own emergency radio network which is part of the emergency broadcast radio system. At the time of an emergency, information and instructions will be announced on our station at 1620 AM. When the radio station is broadcasting, the signs on Del Webb Boulevard will flash.

Our EPC has worked hard to set-up a workable program and locate volunteers who want to help their neighbors in an emergency. Once again, we welcome you into the role of Block Captain and hope you find your experience rewarding.

Block Captain Manual Revised 9-15-14 -1-

Emergency Preparedness Committee (EPC) Often Used Abbreviations

First Aid Station Personnel:

MMT: Mobile Medical Team

FAS: First Aid Station

MD: Medical Doctor

RN: Registered Nurse

CT: Counseling Team

District Titles:

DD: District Director

DD Alt: District Director Alternate

CP: Command Post

CP Asst: Command Post Assistant BCC: Block Captain Coordinator

BCC Alt: Block Captain Coordinator Alternate BCC Asst: Block Captain Coordinator Assistant

BC: Block Captain

BC Alt: Block Captain Alternate BC Asst: Block Captain Assistant

Other:

EPC: Emergency Preparedness Committee PET: Pet Rescue Team

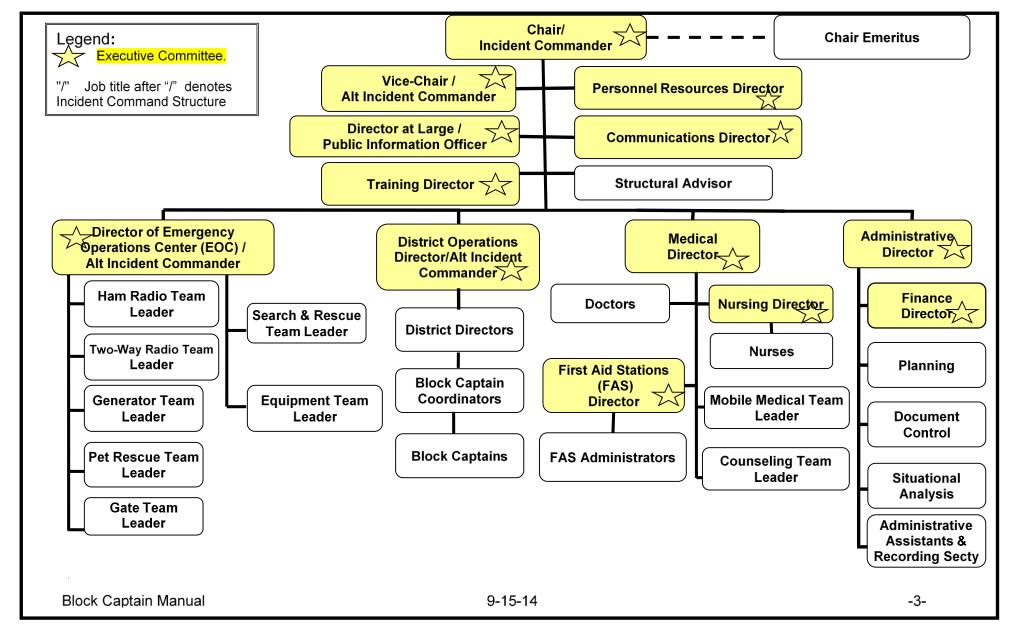
EOC: Emergency Operations Center SRT: Search and Rescue Team ICS: Incident Command Structure SCPD: Sun City Palm Desert

The Emergency Operations Center (EOC) is the nerve center for central operations during a drill or emergency. The EOC is located near the outdoor swimming pool at the Mountain View Clubhouse and contains radios, supplies and an emergency generator. In addition to the EOC staff, these are some of the teams that you will predominately be working with:

- First Aid Stations (FAS): These are set up at or near the Sun City Palm Desert (SCPD) clubhouses and are staffed by medical personnel. The FAS provides minor medical care such as splints and bandages. There are no hospital beds or facilities. The FAS is called to ask a Mobile Medical Team (MMT) to assist residents in their homes.
- Mobile Medical Teams (MMT): Basic first aid is provided within a neighborhood by MMTs. These teams are staffed by doctors, nurses, Emergency Medical Technicians (EMT) and other professionals traveling to homes as needed.
- Search & Rescue Teams (SRT): This team is called to a home for heavy lifting, removing residents from debris or limited fire suppression.
- Counseling Team (CT): This team is able to offer short term counseling and support to those who need it.
- Pet Rescue Teams (PET): This team is available to retrieve pets and to provide a safe shelter for them. Lost pets are sheltered at the pickle ball courts at the Mountain View Tennis Complex.



Emergency Preparedness Organization Chart Includes Incident Command Structure 9/10/14





Block Captain Duties

As a Block Captain (BC), you will be one of the first people to assess the damage and needs in your neighborhood when there is an emergency or natural disaster. You will work with your District Director (DD) and Block Captain Coordinator (BCC) and other Emergency Preparedness Committee (EPC) volunteers to assist your neighbors and friends at that time. As a member of the EPC team, there are certain tasks you will need to become familiar with to help make sure that the EPC will be effective in your neighborhood when it is needed. These include:

- 1. Consider recruiting an assistant or alternate to help you. Ask your neighbors if they know someone on your block who would help you if there is an emergency or drill.
- 2. You will receive a list of homes in your neighborhood that will be your BC assignment area. This is where you will conduct your home checks.
- 3. Introduce yourself to each of the residents in your assigned area and let them know that you are the EPC Block Captain. Provide them with 4 handouts (pages 6-9): The EPC Contact List for Residents, the Resident Grab-N-Go Bag, the Resident Do's & Don'ts, and the Utilities Shut-Off Procedures for Residents:
 - Complete the EPC Contact List for Residents on page 6 and give a copy to each of your residents so that they have your name, the location of the Command Post (CP) in your neighborhood as well as names and locations of other important EPC team members and resources.
 - Give your neighbors a copy of the printed resource materials on Pages 7-9 and encourage them to prepare for emergencies:

Resident Grab-N-Go Bag (page 7)
Resident Do's & Don'ts (page 8)
Utilities Shut-Off Procedures for Residents (page 9)

- It is helpful to make a note of which residents in your assigned area who live here full-time, and those who are part-time.
- Let your neighbors know that our emergency program includes a specially trained "Pet Rescue Team" that is available to retrieve pets and provide a safe shelter for them. Registering their pet/s with the Association and having an ID tag is an important step in being prepared.
- 4. Communicate with your neighbors in your Home-Check-Area at least on an annual basis, especially before or during scheduled drills.

Block Captain Duties (continued)

- 5. You are not required to provide First Aid. However, if you are willing, you may be able to help save the life of a neighbor. Before proving first aid, you should ask their permission.
- 6. Prepare a "Block Captain Bag" (page 13) so that you have basic supplies that might be needed in the event of an emergency.
- 7. Become familiar with the locations of the Command Post (CP) and First Aid Station (FAS) for your neighborhood.
- 8. Know the location where the red CP equipment bags are stored. If after 2 people arrive at the CP and there is no BCC present, one person should immediately go to the Red Bag Storage location to pick up equipment and return to the Command Post.
- 9. Familiarize yourself with the equipment you will be using, especially the walkie-talkie (page 14).
- 10. Become familiar with the duties of the BCC, your DD and the CP workers so that you can fill in if needed.
- 11. Attend training sessions so that your skills are up-to-date and you have the most recent knowledge about EPC procedures.

During an emergency or drill the BC will have additional tasks. Those are briefly listed below and further detailed on page 10, "Disaster or Drill Procedures":

- 12. Go to your Command Post (CP) and take your Block Captain Bag. You will be given equipment, such as a reflective vest, whistle, head light, a clipboard with a Home Check Sheet (page 11) and a walkie-talkie to communicate with the CP and other BCs.
- 13. Complete your Home Check Sheet and communicate with the CP when you have a resident in need of medical assistance, the Pet Rescue or Search & Rescue teams.
- 14. Remember to always protect yourself! We understand that you are a volunteer helping your neighbors and other residents in our community. The last thing that we would want is to have you become injured or placed in danger!
- 15. Always keep in contact by walkie-talkie or return occasionally to your CP so that the Block Captain Coordinator knows your location and that you are safe!



Resident Information (4 pages)

Resident Handout #1

Emergency Preparedness Committee (EPC) Contacts

inis list is the nam	ies and contact information of the EPC volunteer	s who live
in your neighborh	ood. It is current as of	_ (date).
your neighborhoo	is is the person who is assigned to conduct Home d during an emergency and to make sure that yo	u are okay
Address:		
Phone:	E-mail:	
	ordinator: This is the person who helps all of the	Block
	eighborhood and provides them with training.	
Name:		
Address:	<u>-</u>	
Phone:	E-mail:	
Block Captain Coo	This person oversees all of the Block Captains an rdinators in your district.	
Address:		
Phone:	E-mail:	
The First Aid Station	on for your district is	_
This is where you	can go for minor first aid help.	
The Command Pos	st for your district is	_
This is where you	can go to get help or to help others.	

The Pet Rescue Area is at the pickle ball courts at the Mt. View Tennis Complex. This is where rescued or lost pets are kept.

The EPC maintains a website that has a wealth of information to help you prepare for an emergency at:

http://scpdcaclubs.com/epc/welcome-epc

If you do not have access to the internet, contact your Block Captain, your Block Captain Coordinator or your District Director and they will assist you in getting the written resources you need.

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Resident "Grab N Go" Bag

A Resident "Grab 'N Go" Bag is an organized duffel bag, suitcase, other container that you can quickly and easily "grab and go" in an emergency situation. It should have items that you will need such as:

- Cash in small bills
- Drinking water
- Emergency phone contact list
- Extra clothes and hard soled shoes
- Extra pair of reading glasses
- First aid supplies
- Flashlight with extra batteries or wind-up flashlight
- Hygiene supplies
- Leather gloves
- Medications that you or your pet takes
- Non-perishable food; energy or protein bars, nuts, etc.
- Pet Supplies (if needed) e.g. food, water, collar, leash, vaccination records
- Portable radio with extra batteries
- Rain poncho or jacket
- Sun block
- Survival blanket for warmth

In addition to the Resident "Grab 'N Go" Bag, please review the *Resident Do's and Don'ts* on page 8. This handout lists essential items that you should store in your home to use over a two-to-three week period. *Do not count on anyone else but yourself to have the necessary drinking water, food and supplies you will need if the "big one" comes!* The Homeowner's Association and the Emergency Preparedness Committee (EPC) cannot provide food, water, power or gasoline to residents. The EPC is a volunteer organization and is limited in the services it can provide you. <u>Please</u> prepare yourself, your home, your pets and your family for an emergency!

If you need help organizing this bag, please contact your Block Captain, Block Captain Coordinator or District Director. The District Directors names are in the Sun City Palm Desert *News and Views magazine*. Others are listed on the EPC Contact List that should have been provided by your Block Captain. These names are also listed on the EPC website: http://scpdcaclubs.com/epc/welcome-epc



Residents Do's and Don'ts

Use as guidelines before, during and after an emergency takes place.

DO

- **DO** know the location of your utilities and how and when to shut them off. Never turn the gas meter or the electricity back on once they have been turned off. Call the utility company.
- **DO** have 14 to 21 days of food, water and medications stored for an emergency. Rotate for freshness. Remember essentials for your pet/s as well.
- **DO** know what immediate steps to take during and after an emergency happens.
- **DO** have a "Grab N Go" Bag ready at all times.
- **DO** have your golf cart charged and plenty of gas in your automobile at all times.
- **DO** know how to operate your garage door manually.
- **DO** move your vehicle to the driveway if possible and away from falling objects.
- **DO** have fire extinguishers ready for use. Have them checked annually.
- **DO** learn first aid for your family's sake.
- **DO** provide your pet/s with proper identification tags and place a ASPCA sticker in your front window. Your Block Captain can obtain a sticker for you.
- **DO** have a family plan with phone contacts.
- **DO** make "mutual aid" arrangements with a friend or neighbor to check on each other (buddy system).
- **DO** know where your district Command Post and First Aid Station are located.
- **DO** be aware of earthquake after-shocks.

DON'T

- **DON'T** use candles for light. After-shocks can tip them over. Natural gas leaks could be ignited from candles and cause an explosion.
- **DON'T** use a portable generator or BBQ inside your home. Use it only outside with proper ventilation.
- **DON'T** turn utilities back on once they have been turned off. Have a licensed professional do this for you.
- **DON'T** leave your garage door open. If you are able, open the door, remove your vehicle and close the door. Beware of theft.
- DON'T leave Sun City Palm Desert. You will be safer here.

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Utilities Shut-Off Instructions

Resident Handout #4

This handout is to assist you in turning off the utilities in your home in the event of an emergency. This includes your water service, water heater, electricity and gas service and how to manually open your garage doors.

Water Service: The water service shut-off to your home is normally located on the walkway leading to your front door. There are 2 valve handles. The upper handle shuts off the service to the house. The lower one turns off the irrigation system. To turn the water service OFF, turn the top handle 90 degrees to the right (clockwise). The handle must be perpendicular to the water pipe to be off. It is recommended that after a major earthquake, the water to your home be turned off until it is determined that the water system has NOT been contaminated.

Water Heater: Most hot water heaters in Sun City are located in the garage. They hold 40-60 gallons of fresh water which you may use in an emergency. To access this water, turn off the gas supply to the water heater, and turn off the input water supply. Once the gas and water input are turned off, open the pressure relief valve on the top of the tank. You are now able to open the drain valve at the bottom of the water heater to access the water. There may be sediment in the first few gallons of water from the drain valve. A dishtowel or clean t-shirt can be used to filter this water for use.

Electric Panel: Locate the electric service on the outside of your home. This is a metal circuit breaker box next to the electrical meter. Inside the box you will see the main circuit breaker labeled "SERVICE DISCONNECT 200 AMPS". If you see or hear sparking, turn off this breaker. This will shut off all power to your home. DO NOT restore power yourself. Seek the assistance of a licensed electrician or the power company to determine if it is safe to turn the power back on.

Gas Meter: If you smell natural gas or hear gas leaking and you do not have an automatic shut off, you may want to turn off your gas at the meter outside of your home. This is normally located on the same wall as your electrical meter. If possible, turn off at the location closest to gas leak. Look for a small pipe leading out of your gas meter with a valve. When the valve is in-line with the pipe, it is on. To shut off the gas, turn the valve 90 degrees (perpendicular) to the pipe. DO NOT turn your gas back on yourself. Ask the gas company to restore your service.

Garage Doors: During a power outage, garage doors can be operated manually. Pull down on the red cord. This will disengage the automatic mechanism. You will hear a click and then the door can be lifted up from the bottom. To restore the door's automatic system, pull the red cord back towards the door lifting motor; you will hear a click. Having the mechanisms serviced regularly will help its easy and safe operation.

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Block Captain Duties During a Drill or Emergency

When an emergency occurs or a drill is scheduled, the Emergency Operations Center (EOC) has an automated system which places phone calls to all Emergency Preparedness Committee (EPC) volunteers. It is very important that phone numbers for EPC volunteers are current to be able to notify everyone. This automated system will work only if the phones are working and the person receiving the call answers and says "hello". If phone systems are down, runners will be used to notify DD, BCCs and BCs in that order. If in doubt, report to your Command Post (CP) for further instructions.

	·
	 Drop, Cover & Hold On – if an emergency & not a drill!
RT	Check your family, home, pets & friends first!
4	 Move all vehicles from the garage & park them away from objects that might
ST	fall or collapse in an emergency.
	Take your BC Bag with water and snacks and go to your Command Post (CP)
	If after two people arrive at the CP and no BCC is present, one person should
	go immediately to the Red Bag storage location to pick up the equipment for
	your CP.
	While waiting for equipment, review BC procedures: how to use walking talking.
	- how to use walkie-talkie
	 how to check homes for injuries, gas leaks, etc how to complete Home Check Sheet
	When equipment arrives, pick up your BC items including your clipboard with
9 2	your Home Check Sheet and walkie-talkie.
8	Make a test call to ensure that your walkie-talkie is working.
	Sign out on the BC Log when you leave the CP.
٥	Check each home on your Home Check Sheet.
	- call the CP on your walkie-talkie when you need medical, search and
	rescue or pet rescue assistance. Repeat the address TWICE.
	 Call the CP on your walkie-talkie to let them know you are okay or if you
	observe something out of the ordinary.
	 When your Home Checks are completed, return to CP to see if other areas
	need assistance in completing the Home Checks.
SH	Return to CP to assist in shutting down and returning all equipment and Red
Z	Bags to their correct location when the drill is complete.
F	Remember the walkie-talkies go into the Red Bag. Check that they are OFF. Remember the walkie-talkies go into the Red Bag. Check that they are OFF.
	DO NOT put the two-way radio into the Red Bag. Check that they are OFF.

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Assignment #01A 01 Radio Channel 13-1



DISTRICT 01 A

HOME CHECK SHEET (SAMPLE)

BLOCK CAPTAIN ASSIGNE	ED:			
RESIDENCE ADDRESS T	TIME NH	I OK UT	COMMENTS / AC	CTION NEEDED
37948 BREEZE WAY				
37970 BREEZE WAY			_	
37992 BREEZE WAY				
38014 BREEZE WAY				
38036 BREEZE WAY				
78264 RAINBOW DR 78274 RAINBOW DR 78284 RAINBOW DR 78294 RAINBOW DR 78304 RAINBOW DR	Ho EP Co en is	ome Check Sh C Red Bags th ommand Post nergencies. Ea <u>customized</u> w	entative sample of eets contained in at are delivered to ts during drills ach Home Check Sl vith specific addre	the and heet
78261 RAINBOW DR 78271 RAINBOW DR	co	-	Radio Channels each Block Cap	
78281 RAINBOW DR				
78291 RAINBOW DR			J.	
78301 RAINBOW DR				
78311 RAINBOW DR				
78321 RAINBOW DR	1	1 1	T. Control of the Con	

TIME = time home inspected NH = not home OK = no problems noted UT = utilities checked COMMENTS / ACTIONS TAKEN = was any action taken? Resident sent to First Aid Station, Requested Medical Assistance, Search & Rescue called, Utilities shut off, etc.

Block Captain Manual Revised 9-15-14 -11-



Home Check Steps

As part of your Home Check responsibilities, you will need to determine if the resident(s) are at home. We recommend that you follow these steps:

- 1. Knock loudly on the front door and call out "Is anyone home?"
- 2. Listen for a response. A response can be a voice, tapping, groaning or just movement.
- 3. If you still hear nothing, knock again and repeat steps 1 and 2.
- 4. If you still hear nothing, try knocking on windows and call out as you do.
 - **DO NOT** go into the back yard or attempt a forced entry. There might be pets or a resident protecting their home.
- 5. Check the gas and electrical service.
 - If you smell gas, use your wrench to turn off the service.
 - If there appears to be electrical problems, turn off that service.
- 6. If you still have no response, ask a neighbor if they have any information. Mark on your Home Check Sheet (page 11) NH for "Not Home" and move to the next house on your list. You can also write "no answer" in the comment section.
- 7. Remember to call your Command Post (CP) on your walkie-talkie if you need medical, search and rescue or pet rescue assistance.
- 8. Often neighboring residents are available to help.

First Aid During an Emergency

As a Block Captain, you are not required to provide First Aid. However, if you are willing, you may be able to help save the life of a neighbor. Remember to ask the person's permission prior to helping. First aid might include applying pressure to stop bleeding or treating an injured person for shock until medical help arrives. You are not expected to be a trained Emergency Medical Technician. The Mobile Medical Teams (MMT), the First Aid Stations (FAS) and Search and Rescue Teams (SRT) have trained personnel for responding.

We do recommend that all EPC volunteers have basic first aid training through the American Red Cross or similar organization. Basic first aid training can help save a life of a family member, neighbor, friend or stranger. It is just very good training to have.

First aid resources are available at the EPC website described on page 15.



Block Captain Bag

A Block Captain Bag should contain items that will be useful to you when completing your home checks. Items such as gloves, sturdy shoes, dust mask and bottled water can help protect you from broken glass, dust and dehydration. First aid supplies are useful to respond to emergency situations during a natural disaster.

It is suggested that the Block Captain Bag contain a minimum of the following supplies:

- Bottled Water
- Cloth Strips for Slings or Bandages
- Face or Dust Mask
- First Aid Kit
- Flashlight
- Gas Shut-Off Tool or Adjustable Wrench
- Gloves Leather
- Gloves Vinyl or Latex
- Hand Wipes or Wet Ones
- Scissors
- Snack Food
- Sturdy Shoes
- Utility Knife

Some Block Captains use a golf cart to travel to the Command Post and complete their home-check assignment. If you do not use a golf cart, consider having your Block Captain Bag on wheels. This bag can also double as an emergency kit in your car when you are away from home.





On/Off Volume: Use on/off knob to turn walkie-talkie on/off and to adjust volume. If you get a static sound turn the volume down until the static stops.

To Use Walkie-Talkie:

Do not change the channel and sub-channels. Hold walkie-talkie 2 or 3 inches from your mouth. Press the PUSH TO TALK bar on the left side. Release the bar when you are finished talking. If you do not release the bar no-one else can talk.

Example of Using Walkie-Talkie:

Block Captain (BC) to Block Captain Coordinator (BCC)

- Pat, this is John Smith. OVER. (Continue to call until BCC replies)
- John, this is Pat. OVER.
- ➤ Pat, this is John. I am at 12345 Del Webb Blvd, repeat 12345 Del Webb Blvd in need of medical help. Resident has broken arm. OVER.
- John, this is Pat, 12345 Del Webb Blvd needs medical help for broken arm. OVER.
- Pat, this is John. That is correct. OVER and OUT.

REMEMBER

- 1. Listen to be sure someone else is NOT talking before you start your message.
- If you cannot get an answer from your Command Post (CP), change locations. Move out from a garage, house, tree, golf cart etc. Face the CP.
- 3. Be sure to hold down firmly on the PUSH TO TALK bar. You should hear a "beep" ONLY when you release the bar!
- Speak Loudly.

TROUBLE SHOOTING

- 1. No Power? Does it need new AA batteries? Does volume need to be turned up?
- No Answer? Release the PUSH TO TALK bar after you are finished speaking.
- No Answer? Weather, clouds & buildings can cause "dead spots". Try moving locations.



Aftershocks

After a major earthquake such as predicted for our area, there will be multiple aftershocks several of which could be major earthquakes of as much as one Richter Scale smaller than the main quake. This means a 7.8 earthquake could produce a 6.8 aftershock which is the size of the 1994 Northridge Earthquake.

If the aftershock occurs shortly after the main earthquake, Block Captains (BC) may be in the process of conducting their house-check assignments from the first earthquake. BCs should follow normal procedures for an Earthquake to "Drop, Cover and Hold", being especially cautious not to stand or drop near a roof edge as loose tiles could be dangerous. BCs and BCCs will have the best feel for the intensity of the aftershock for their area and should determine if a reassessment of the assigned residences is needed to find any new injuries or problems. If the BC assignment has been completed, the BC should conduct the reassessment using the same Home-Check Sheet from the first time. The BCC shall inform the EOC that a reassessment is being conducted. The Incident Commander may instruct Command Posts (CP) to complete a reassessment of all areas.

Block Captains should continue their door to door assignment noting the homes that were checked after the first aftershock. This process may have to be done several times depending on the severity and duration of the aftershocks. The completed Home Check Sheets should remain at the CP to be used for the rechecks if needed.

Using the EPC Website

http://scpdcaclubs.com/epc/welcome-epc

The "Publications" tab under the EPC Menu has a large inventory of resources available to help our volunteers and residents prepare for an emergency or a natural disaster. In addition to the information documents, the website also includes:

- A Calendar of EPC related events
- Contact information for EPC members
- Up-to-date EPC Training Materials and Manuals
- Helpful links to other emergency preparedness related websites.

If you do not have access to the internet, contact your District Director or BCC and they will assist you in getting the printed resources you might need.

Block Captain Manual Revised 9-15-14 -15-



Sun City Palm Desert

Emergency Preparedness

District Operations Manual

Block Captain Coordinator

This manual is for the use of our SCPD Emergency Preparedness Committee (EPC) volunteers. Please return when it is no longer used for EPC activities.

Revised September 2014



Block Captain Coordinator Manual

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WELCOME!

The Emergency Preparedness Committee (EPC) of Sun City Palm Desert (SCPD) is pleased to welcome you as a Block Captain Coordinator. You are a valuable member of our team. We thank you for volunteering your time and experience to help our community be ready for an emergency or disaster.

HOW THE EPC WORKS

The EPC is an all-volunteer committee within SCPD. The EPC was formed to train, inform and assist SCPD residents and staff in the event of an emergency or natural disaster. Your neighbors have many different areas of expertise that benefit all of us in case of an emergency. In addition, we have residents who just want to help their neighbors if there is an emergency.

At the time of activation, you will be asked to report and set up your assigned Command Post (CP) within your District. As assigned volunteers assemble, your task will be to distribute equipment and resources used by the Block Captains as they begin their home checks throughout the community. First Aid Stations (FAS), the Pet Rescue Team, the Search and Rescue Team and others begin working to help residents in need.

SCPD has its own emergency radio network which is part of the emergency broadcast radio system. At the time of an emergency, information and instructions will be announced on our station at 1620 AM. When the radio station is broadcasting, the signs on Del Webb Boulevard will flash.

Our EPC has worked hard to set-up a workable program and locate volunteers who want to help their neighbors in an emergency. Once again, we welcome you into the role of Block Captain Coordinator and hope you find your experience rewarding.

Emergency Preparedness Committee Often Used Abbreviations

<u>District Titles:</u> <u>First Aid Station Personnel:</u>

DD: District Director FAS: First Aid Station
DD Alt: District Director Alternate MD: Medical Doctor
CP: Command Post RN: Registered Nurse

CP Asst: Command Post Assistant MMT: Mobile Medical Team

BCC: Block Captain Coordinator CT: Counseling Team

BCC Alt: Block Captain Coordinator Alternate BCC Asst: Block Captain Coordinator Assistant

BC: Block Captain

BC Alt: Block Captain Alternate BC Asst: Block Captain Assistant

Other:

EPC: Emergency Preparedness Committee PET: Pet Rescue Team

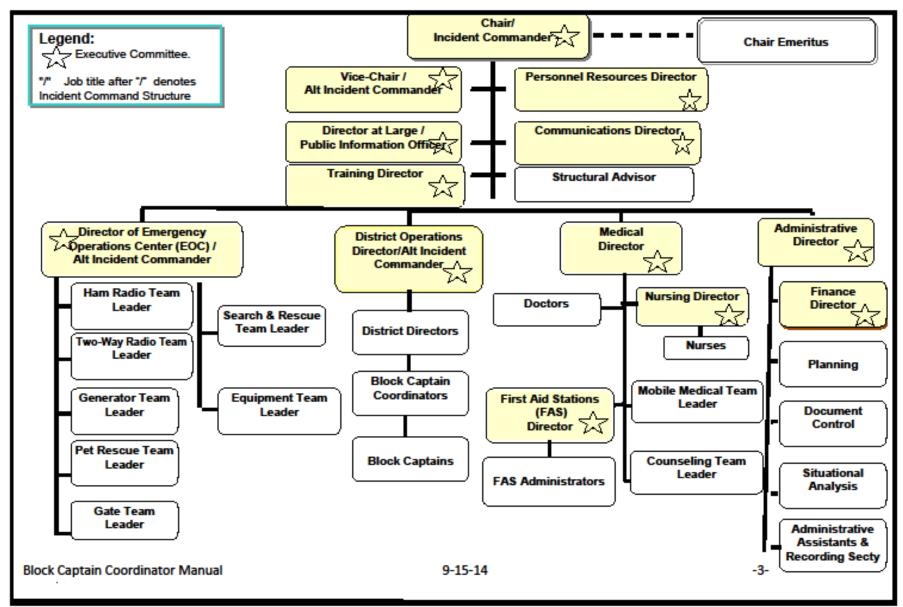
EOC: Emergency Operations Center SRT: Search and Rescue Team ICS: Incident Command Structure SCPD: Sun City Palm Desert

The Emergency Operations Center (EOC) is the nerve center for central operations during a drill or emergency. The EOC is located near the outdoor swimming pool at the Mountain View Clubhouse, and contains radios, supplies and an emergency generator. In addition to the EOC staff, the teams that you will work most with include the following:

- First Aid Stations (FAS): These are set up at or near the Sun City Palm Desert (SCPD) clubhouses and are staffed by retired medical personnel. The FAS provides minor medical care such as splints and bandages. There are no hospital beds or facilities. The FAS is called to ask a Mobile Medical Team (MMT) to assist residents in their homes.
- Mobile Medical Teams (MMT): Basic first aid is provided within a neighborhood by MMTs. These teams are staffed by doctors, nurses, Emergency Medical Technicians (EMT) and others traveling to homes as needed.
- Search & Rescue Teams (SRT): This team is called to a home for heavy lifting, removing residents from debris or limited fire suppression.
- Counseling Team (CT): This team is able to offer short term counseling and support to those who need it.
- Pet Rescue Teams (PET): This team is available to retrieve pets and to provide a safe shelter for them. Lost pets are sheltered at the pickle ball courts at the Mountain View Tennis Complex.



Emergency Preparedness Organization Chart Includes Incident Command Structure 9/10/14





Block Captain Coordinator Duties

As a Block Captain Coordinator (BCC), you will work with your District Director (DD) to help recruit and train other volunteers from your neighborhood to assist residents in the event of an emergency. You will be one of the first people on the scene. As a valued member of the Emergency Preparedness Committee (EPC) team, there are certain tasks you will need to become familiar with to help make sure that the EPC will be effective in your neighborhood. These include:

- 1. Review your list of volunteers with your DD and contact each person to be certain that they are still willing to help if there is an emergency or drill.
- 2. Consider recruiting a BCC Alternate to help you. This person will stand in for you if you are not in Sun City Palm Desert in an emergency and can also assist you during a drill or emergency. A BCC Assistant, along with Command Post (CP) Assistants, are needed to help with set up and operation of the CP.
- 3. With help from the EPC Personnel Resources Director and your existing Block Captains (BC), talk with your neighbors to recruit needed Block Captains.
- 4. As you recruit BCs ask them to help you recruit other BCs and assistants for each position needed on your EPC team.
- 5. Keep your EPC volunteer list up-to-date. Submit any changes to your DD and the EPC Personnel Administrative Assistant.
- 6. Attend training sessions when they are available so that your skills are up-to-date and you have the most recent knowledge about EPC procedures.
- 7. Work with the EPC Training Director and your DD to provide training for your EPC volunteers.
 - The EPC and DD will provide you with training resources.
 - Become familiar with the BC manual and their duties, including conducting home checks within their assigned neighborhoods.
 - Meet with your EPC volunteers at least twice a year to keep them fully informed of SCPD emergency plans and to provide training when necessary.
 - Learn how to use the walkie-talkie and the two-way radio to communicate with EPC volunteers, First Aid Stations and Emergency Operations Center during an emergency or drill.
 - Learn how to access the EPC Website for resources.

Block Captain Coordinator Duties (continued)

- 8. Confirm or select the Command Post (CP) location in your neighborhood.
 - The CP is generally set-up in a garage or driveway of a resident in your area.
 - Good reception for the walkie-talkie and 2-way radio is critical. Your District Director or Director of District Operations can assist with testing communications from your CP locations.
 - The CP should have a folding table and several chairs.
 - If during a drill or emergency the CP needs to be moved, leave a sign indicating the new location.
- 9. Become familiar with the Emergency Operations Center (EOC), the location of the First Aid Station (FAS) assigned to your district, and the contents and location of the Red Bags for your Command Post (CP). There is a sample of the Red Bag Inventory Sheet on page 7 of this manual.
- 10. Become familiar with the jobs of the volunteers in your EPC team including District Director (DD) and Block Captain (BC), so that you could fill in and perform those duties if needed.
- 11. Represent your Block Captains in EPC District Operations Meetings.

<u>During an emergency</u> or scheduled drill, the Block Captain Coordinator (BCC) has additional duties. Those are briefly listed below and further described on the next few pages, "Disaster or Drill Procedures" and "Command Post Checklist".

- 12. Open your assigned Command Post and establish communications with the EOC and assigned FAS.
- 13. Contact your DD and report that the CP is set up, two-way radios and walkie-talkies are working, and that communication is established with the EOC and FAS.
- 14. Log Block Captains in/out together with equipment.
- 15. Assist Block Captains wherever necessary.
- 16. Monitor aftershocks following an earthquake.
- 17. Be sure that all volunteers have safely returned after a drill or emergency.
- 18. Be aware of the location of all emergency equipment.



Command Posts During a Drill or Emergency

Command Posts (CP) are the "nerve centers" of our neighborhood volunteer Emergency Preparedness Committee (EPC) teams.

Most EPC districts will have 2-3 Command Posts. A Command Post can be set up in a garage or common area and is staffed by a Block Captain Coordinator (BCC) and a BCC Assistant. The purpose of the CP is to provide centralized locations within each EPC district that volunteers know to go to in the event of a disaster. Since communication is critical to the success of the EPC operation, selection of a command post location should also consider good reception for the walkie-talkies and 2-way radios. Your District Director or Director of District Operations can assist with testing communications from your CP locations.

The CP becomes the meeting place for EPC volunteers and residents within each neighborhood. They know that it is a location that is staffed and can assist with radio contact for obtaining first aid, search and rescue teams and pet rescue assistance.

Each CP should have a table and several folding chairs. The table will facilitate the distribution of BC packets, walkie-talkies, clipboards and other equipment. It is also useful as a place to fill in the CP Message Log and other paperwork that will need to be completed.

It is helpful to have extra supplies available at the CP, including water, flashlights, writing pads, pencils or pens and a first aid kit.



Disaster or Drill Procedures for the Block Captain Coordinator

If an emergency occurs or a drill is scheduled, the Emergency Operations Center (EOC) has an automated system which places phone calls to all EPC volunteers. It is very important that phone numbers for all volunteers are current to be able to notify everyone. This automated system will work only if the phone systems are working and the person receiving the call answers and says "hello". If phone systems are down, runners will be used to notify DD, BCCs and BCs in that order. If in doubt, report to your Command Post.

2 00	in that order. If in addst, report to your command root.
	 Drop, Cover & Hold On – if an emergency & not a drill.
₽	 Check your family, home, friends and pets first.
⋖	 Move all vehicles from the garage & park them away from objects that
ST	might fall or collapse in an emergency.
	 Go to your Command Post (CP) location and open the location.
	 Assign someone to pick-up tags for the Red Bag, two-way
	radio and CP banner from the designated clubhouse or EOC
	 While waiting for volunteers and equipment, review Block Captain (BC)
	procedures, including use of walkie-talkie and home-check procedures.
	 When the two-way radio arrives, call the First Aid Station (FAS) and
	Emergency Operations Center (EOC) to ensure radio communication has
פ	been established and advise that the CP is open.
A N	Distribute equipment to Block Captains
\supset	Monitor two-way radio and walkie-talkie channels to locate and solve
٥	problems.
	 Call the FAS and EOC on two-way radio to relay information of residents
	in need of assistance. FAS is contacted for medical needs. EOC is
	contacted for Search & Rescue, Pet Rescue or other non-medical needs.
	 Make sure all Home Checks have been completed by BCs and that in the
	case of an emergency, any victims have been found and helped.
	 In a drill, shut down CP and return all equipment and the Red Bag to the
SH	correct location.
Z	Make sure all volunteers are accounted for.
Ξ	 Turn all communication devices OFF. DO NOT put the two-way radio into
	the Red Bag.



RED BAG INVENTORY SHEET

Command Post #	# of Block Captains
	Checked by:

BLOCK CAPTAIN (BC) ITEMS:	# Items	# Needed
Clip Boards (1 per BC plus 1 for BCC)		
(for Home Check Sheet and Injury Report)		
Packets (1 per BC). Contents (5 Items):		
Duct Tape, Head Lamp, Pen, Orange Vest, Whistle		
Walkie-talkies (1 per BC plus 4 extra)		
COMMAND POST (CP) ITEMS:		
CP Banner		
CP Forms (in envelopes)		
CP Check List		
CP Message Log		
Block Captain Log		
Home Check Sheets - (1 set Drill, 2 sets Emergency)		
Injury Report (optional)		
Maps:		
SCPD		
District		
Red Bag Inventory Sheet		
Two-Way Radio (delivered from Emergency Oper Ctr)		
OTHER ITEMS:		
Batteries		
AA (Walkie-talkie extras)		
AAA (Head Lamp extras)		
Duct Tape, Red - extra rolls (3)		
Head Lamps - extras		
Pens - extras		
Vests		
Blue- BCC & DD		
Orange - extras (3)		
Whistles - extras (3)		



Command Post (CP) Check List

	Command Post (CP) Set-Up									
-	 Give 1st person to arrive at CP pick-up tags for the Red Bag, two-way 									
AR	radio and CP banner from the designated clubhouse or EOC									
—	While waiting for volunteers and equipment, review Block Captain (BC)									
S	procedures including use of the walkie-talkie, how to check homes for									
	injuries, gas leaks, and how to complete the Home Check Sheet.									
	When two-way radio arrives, call EOC to report your CP is open									
	 Display the CP banner when it arrives 									
	Block Captain (BC) Check Out									
	 Record BC assignments and hand out equipment, walkie-talkie and clip 									
	board with Home Check Sheet									
	Turn on walkie-talkie to make sure it works and is on correct channel. Have									
	each BC use walkie-talkie, for example:									
ŋ	BCC (Pat): "Nancy, this is Pat OVER"									
Z	Nancy responds: "Pat, this is Nancy OVER"									
I R I	BCC: "Nancy, this is Pat. Report your status OVER"									
D O	Nancy responds: "Pat, this is Nancy. All clear OVER"									
	BCC responds: "Nancy, this is Pat. OVER and OUT"									
	CP maintains BC Sign In Sheet									
	BCs complete Home Check Sheets for neighbors in need									
	During Home Checks by BC									
	 BCC monitors progress of Home Checks thru calls with BCs 									
	 BCC monitors/initiates calls on two-way radio to EOC and FAS 									
	BCs may be asked to complete another Home Check if needed									
	· · ·									
	After Home Checks are Completed									
	BCs return to CP with completed Home Check Sheets									
	After a drill, volunteers discuss how to make the next drill better									
SH	If disaster, BCs will keep the walkie-talkies in hand until it is over									
Z	 CP stays open until "all clear" is given by EOC. Call EOC when CP is closing 									
H	End of Emergency/Drill									
_	Make sure all volunteers are accounted for									
	 Collect and inventory all equipment used and put in Red Bag 									
	Return equipment to proper clubhouse or EOC									
	Keep 2-way radio out of Red Bag when returning equipment									



Block Captain (BC) Log

CP# Date

	Block Captain (BC) or	Equip	Time	Time	Comments
BC AREA	Volunteer Name	Issued	Out	In	Comments
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					

PICK UP	BC or Volunteer Name	Time Out	Time In	RETURN	BC or Volunteer Name	Time Out	Time In
Red Bag				Red Bag			
2-Way Radio				2-Way Radio			
CP Banner				CP Banner			



Command Post (CP) Message Log

CP#	Date
CΓπ	Date

dio	BC on walkie-talkie to CP BCC records BC information & forwards to EOC or FAS on two-way radio				
BY:	TO:	Problem:	Address:		
Initials	EOC/FAS	State nature of help needed	Repeat address twice!	TIME	
_					

USING THE 2-WAY RADIO

The EPC Team uses the term "2-way Radio" for the longer range hand-held radios that are used by the Block Captain Coordinators and the District Directors at the Command Posts (CP), to communicate with the First Aid Stations (FAS) and the Emergency Operations Center (EOC).



On/Off and Volume:

Use the on/off knob to turn the 2-way radio on/off. The volume knob is to the immediate right. When you turn the radio on, you should hear a beep. If you get a static-like sound, turn the volume down.

Operation:

Be sure you are on the correct channel, which is specified on the front of the 2-way Radio.

Hold the radio with the markings and speaker facing you about 2-3 inches from your mouth. <u>Firmly</u> press the PUSH TO TALK bar on the left side. Release the bar when you are finished talking. If you do not release the bar, no one else can talk

Example of Using the 2-Way Radio:

Block Captain Coordinator (BCC) at Command Post (CP) # 13B calling First Aid Station (FAS)

- FAS, this is CP 13B. OVER
- CP 13B, this is FAS. OVER
- FAS, this is 13B. I need medical help at 12345 Del Webb. *Repeat*, 12345 Del Webb. OVER.
- CP 13B, this is FAS. Medical Assistant will be sent to 12345 Dell Webb. OVER AND OUT.

BCC at Command Post (CP) # 13B calling Emergency Operations Center (EOC)

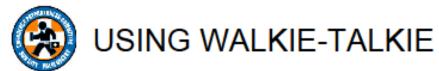
- EOC, this is CP 13B. OVER
- CP 13B, this is EOC. OVER
- EOC this is 13B. I need Search & Rescue at 12345 Del Webb. Repeat 12345 Del Webb OVER
- CP 13B, this is EOC. Search & Rescue will be sent to 12345 Dell Webb. OVER AND OUT.

REMEMBER:

- Since calls on the 2-way radio are for the purpose of requesting assistance, it is important that you first identify who you are calling FAS or EOC. Then use your CP# as an identifier on all radio calls. Use of personal names is discouraged as it may be confusing.
- Medical Reporting: Calls needing medical assistance are placed directly to the FAS.
- Search & Rescue and Pet Rescue calls are made to the EOC.
- Repeat the address requiring help; the responder will repeat the address to confirm.

TROUBLESHOOTING:

- No answer? Facing the direction of the call will often result in better reception. Weather and buildings can cause "dead spots". Try moving locations.
- No answer? Remember to release the PUSH TO TALK bar after you are finished talking.
- No answer? Batteries may need replacing; a fresh supply of batteries is in the EPC Red Bags.





On/Off Volume: Use on/off knob to turn walkie-talkie on/off and to adjust volume. If you get a static sound turn the volume down until the static stops.

To Use Walkie-Talkie:

Do not change the channel and sub-channels. Hold walkie-talkie 2 or 3 inches from your mouth. Press the PUSH TO TALK bar on the left side. Release the bar when you are finished talking. If you do not release the bar no-one else can talk.

Example of Using Walkie-Talkie:

Block Captain (BC) to Block Captain Coordinator (BCC)

- Pat, this is John Smith. OVER. (Continue to call until BCC replies)
- John, this is Pat. OVER.
- Pat, this is John. I am at 12345 Del Webb Blvd, repeat 12345 Del Webb Blvd in need of medical help. Resident has broken arm. OVER.
- > John, this is Pat, 12345 Del Webb Blvd needs medical help for broken arm. OVER.
- Pat, this is John. That is correct. OVER and OUT.

REMEMBER

- Listen to be sure someone else is NOT talking before you start your message.
- If you cannot get an answer from your Command Post (CP), change locations. Move out from a garage, house, tree, golf cart etc. Face the CP.
- 3. Be sure to hold down firmly on the PUSH TO TALK bar. You should hear a "beep" ONLY when you release the bar!
- Speak Loudly.

TROUBLE SHOOTING

- 1. No Power? Does it need new AA batteries? Does volume need to be turned up?
- No Answer? Release the PUSH TO TALK bar after you are finished speaking.
- No Answer? Weather, clouds & buildings can cause "dead spots". Try moving locations.



Walkie Talkie Channels

District Command Post List of Walkie Talkie Channels

The locations and personnel of the Command Posts are updated as needed and communicated to all District Directors and Block Captain Coordinators. The radio channel assignments listed below do not change.

Walkie-Talkie					
Channel Number District Channel Sub Ch					
	13	1			
1-A					
1-B	13	2			
1-C	13	3			
2-A	11	1			
2-B	11	2			
2-C	11	3			
3-A	14	1			
3-B	14	2			
4-A	12	1			
4-B	12	2			
5-A	10	1			
5-B	10	2			
5-C	10	3			
5-D	10	4			
6-A	9	1			
6-B	9	2			
7-A	8	1			
7-B	8	2			
7-C	8	3			
7-D	8	4			

Walkie-Talkie						
Channel Number						
District Channel Sub Ch						
8-A	8	1				
8-B	8	2				
9-A	9	1				
9-B	9	2				
9-C	9	3				
10-A	10	1				
10-B	10	2				
11-A	11	1				
11-B	11	2				
12-A	12	1				
12-B	12	2				
12-C	12	3				
13-A	13	1				
13-B	13	2				
13-C	13	3				
15-A	14	1				

To Re-Program/Change Channels

- 1. Check the "lock indicator". If "Lock" is showing the channels are locked. To unlock channels hold down the "Menu Button" until you hear a "Beep", then release the Menu Button. Now repress (do not hold down) the Menu Button and the large channel number will start flashing. You can raise or lower the number by pressing the '+" or "-".
- 2. To set the sub-channel, press and release the Menu Button while the large number is flashing. The sub-channel number will flash and can be set by using the "+" or "-".
- 3. Relock the channels by holding down the Menu Button until it "Beeps" and the "Lock Indicator" light is on.



Aftershocks

After a major earthquake such as predicted for our area, there will be multiple aftershocks several of which could be major earthquakes of as much as one Richter Scale smaller than the main quake. This means a 7.8 earthquake could produce a 6.8 aftershock which is the size of the 1994 Northridge Earthquake.

If the aftershock occurs shortly after the main earthquake, Block Captains (BC) may be in the process of conducting their house-check assignments from the first quake. Block Captains should follow normal procedures for an Earthquake to "Drop, Cover and Hold", being especially cautious not to stand or drop near a roof edge as loose tiles could be dangerous. BCs and BCCs will have the best feel for the intensity of the aftershock for their area and should determine if a reassessment of the assigned residences is needed to find any new injuries or problems. The Incident Commander may instruct Command Posts to complete a reassessment of all areas.

If the BC assignment has been completed, the BC should conduct the reassessment using the same Home-Check Sheet from the first time. The BCC shall inform the EOC that a reassessment is being conducted. Block Captains should continue their door to door assignment noting the homes that were checked after the first aftershock. This process may have to be done several times depending on the severity and duration of the aftershocks. The completed Home Check Sheets should remain at the Command Post to be used for the rechecks if needed.

Using the EPC Website

http://scpdcaclubs.com/epc/welcome-epc

The "Publications" tab under the EPC Menu has a large inventory of resources available to help our volunteers and residents prepare for an emergency or a natural disaster. In addition to the information documents, the website also includes:

- A Calendar of EPC related events
- Contact information for EPC members
- Up-to-date EPC Training Materials and Manuals
- Helpful links to other emergency preparedness related websites.

If you do not have access to the internet, contact your District Director for assistance.



Sun City Palm Desert

Emergency Preparedness

District Operations

District Director Manual

This manual is for the use of our SCPD Emergency Preparedness Committee (EPC) volunteers. Please return when it is no longer used for EPC activities.

Revised September 2014



District Director Manual

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WELCOME

The Emergency Preparedness Committee (EPC) of Sun City Palm Desert (SCPD) is pleased to welcome you as a District Director. You are a valuable member of our team. We thank you for volunteering your time and experience to help our community be ready for an emergency or disaster. We hope you find your experience rewarding.

District Director Duties

As a District Director, you will be the leader of the Emergency Preparedness Team for your district and report to the Director of District Operations. You will help to set-up, recruit and train other volunteers from your district to assist neighbors in an emergency.

You represent your District's Block Captain Coordinators (BCC) and Block Captains (BC) in District Operations meetings. Being a member of the Emergency Preparedness Committee (EPC) team involves certain tasks to help ensure effectiveness of the EPC in your neighborhood.

- 1. Review your list of volunteers and contact each person to be certain they are still willing to help as a member of the EPC team.
- 2. Recruit a person to act as the District Director Alternate (DDA). This person will stand in for you if you are not in Sun City Palm Desert (SCPD) and who can assist you during an emergency or a drill.
- 3. With your existing Block Captain Coordinators (BCC) and Block Captains (BC) recruit new volunteers to fill vacant positions. The EPC Personnel Resources Director is also available to assist. When everyone helps, the task is much easier!
- 4. Please keep your EPC volunteer list up-to-date. Submit any changes in your volunteer list to the EPC Personnel Administrative Assistant via email.
- 5. Request name badges from the EPC Personnel Administrative Assistant.
- 6. Request manuals from the EPC Administrative Director.

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District Director Duties (continued)

- 7. Attend training classes (as needed) that are provided by the EPC to keep your skills up-to-date. Learn how to use the two-way radios and walkie-talkies to communicate with EPC volunteers during an emergency or drill.
- 8. Work with the EPC Training Director and your BCCs to provide training to your volunteers. The EPC will provide you with training resources.
- 9. Meet with your EPC volunteers at least twice a year to keep them fully informed of SCPD emergency plans and to provide training when necessary.
- 10. Confirm or select the Command Post (CP) locations in your district.
 - The CP is generally set-up in a garage or driveway of a BCC, BC or resident in your district.
 - Effective communication in an emergency is critical and the physical location of a CP is a key factor in determining the best reception for two-way radios and walkie talkies. The EPC team can assist you with testing communications from the CP locations in your district prior to a scheduled drill.
- 11. Become familiar with the Emergency Operations Center (EOC), the location of the First Aid Station (FAS) assigned to your district and the contents of the Red Bags for your Command Posts (CP).
- 12. Become familiar with the duties of your EPC team including BBC and BC, so that you could fill in and perform those duties if needed.
- 13. Become familiar with the EPC Website (page 4) for resources.

During an emergency or a scheduled drill, the District Director (DD) has additional duties briefly listed below and further described on the next page, "Disaster or Drill Procedures":

- 14. Contact the Block Captain Coordinators (BCC) for your district to determine if the district's EPC Team has been activated and that the Command Posts (CP) are set up and two-way radios are working.
- 15. Assume the duties of the BCC if they are not available or ask another volunteer to serve in that capacity.
- 16. Travel around your district to assist the Block Captain Coordinators and Block Captains wherever necessary.
- 17. Ensure that all volunteers have safely returned to the CP after a drill/emergency.



Disaster or Drill Procedures for the District Director

If an emergency occurs or a drill is scheduled, the Emergency Operations Center (EOC) has an automated calling system which places landline phone calls to all Emergency Preparedness Committee (EPC) volunteers. It is very important that DDs work with their BCCs to verify that the phone numbers for each volunteer in their district are correct. The automated calling system will work only if the phone systems are working and the person receiving the call answers. If phone systems are down, runners will be used to notify DDs who in turn will notify their BCCs. In the case of an obvious disaster, everyone should assume EPC is activated and proceed to their assigned Command Post.

assui	The EPC is activated and proceed to their assigned Command Post.
	 Drop, Cover & Hold On – if an emergency & not a drill!
	 Check your family, home, friends and pets first.
RT	 Move all vehicles from the garage & park them away from objects that
A	might fall or collapse if an emergency.
ST	Go to your pre-selected Command Post (CP) location.
	 Give the person assigned to pick up the Red Bag for the CP your DD Radio
	Tag and have them pick up your 2-way Radio. In the case of a disaster,
	radio pick up tags will not be required.
	Check to make sure all CPs are open, that Red Bags and other equipment
	are on the way and that available EPC volunteers are activated. If a CP is
	not open, the DD or another volunteer designated by the DD will assume the duties.
G	Confirm with CPs that 2-way radio communication has been established
Z	with the assigned First Aid Station (FAS) and the Emergency Operations
U R	Center (EOC).
ם	Monitor two-way radio and walkie-talkie channels while traveling around
	your district to locate and solve problems.
	 Make sure all Home Checks have been completed by Block Captains (BC)
	and that in the case of an emergency any identified victims have been
	helped. Rechecks may be required depending on duration of emergency.
I	Return to CPs to assist in shutting down and returning all equipment and
S	Red Bags to their correct location.
Z	Ensure all volunteers are accounted for.
표	Ensure all communication devices are turned off.
	 DO NOT put the two-way radio into the Red Bag.



Aftershocks

After a major earthquake such as predicted for our area, there will be multiple aftershocks several of which could be major earthquakes of as much as one Richter Scale smaller than the main quake. This means a 7.8 earthquake could produce a 6.8 aftershock which is the size of the 1994 Northridge Earthquake.

If the aftershock occurs shortly after the main earthquake, Block Captains (BC) may be in the process of conducting their house-check assignments from the first earthquake. Block Captains should follow normal procedures for an Earthquake to "Drop, Cover and Hold", being cautious not to stand or drop near a roof edge as loose tiles could be dangerous. BCs and BCCs will have the best feel for the intensity of the aftershock for their area and should determine if a reassessment of the assigned residences is needed to find any new injuries or problems. If the BC assignment has been completed, the BC should conduct the reassessment using the same Home-Check Sheet from the first time. The DD or BCC shall inform the EOC that a reassessment is being conducted. The Incident Commander may instruct Command Posts to do a reassessment of all areas.

Block Captains should continue their door to door assignment noting the homes that were checked after the first aftershock. This process may have to be done several times depending on the severity and duration of the aftershocks. The completed Home Check Sheets should remain at the Command Post to be used for the rechecks if needed.

Using the EPC Website

http://scpdcaclubs.com/epc/welcome-epc

The "Publications" tab under the EPC Menu has a large inventory of resources available to help our volunteers and residents prepare for an emergency or a natural disaster. In addition to the information documents, the website also includes:

- A Calendar of EPC related events
- Contact information for EPC members
- Up-to-date EPC Training Materials and Manuals
- Helpful links to other emergency preparedness related websites.



Emergency Personnel List EPC Committee

Revised 11/1/2014 = NO CHANGES

	CTION CODES- N=NEW, P=PHONE, E=E-MAIL, B = PHONE & E-MAIL, R =REVISED DATA, 0 = NO CHANGES					
CTION	LAST NAME			DU 0 1 5 1 5 5 1 5 1 5 1 5 1 5 1 5 1 5 1 5	2511 2112115	
⋖		1st NAME	<u>ADDRESS</u>	PHONE/CELL	CELL PHONE	E-MAIL
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	VICE-CHAIRMA					
0	Vacant	1	0 0	C) (
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	FINANCE DIREC	CTOR:				
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	EMERGENCY O	 PERATIONS CEN	 TER DIRECTOR:			
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	NURSING DIRE	CTOR:				
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	TRAINING DIRE	CTOR:				
0	Cain	Regina	78220 Quail Run	760-200-2588	(rcain1@dc.rr.com
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	DIRECTOR OF	 VOLUNTEER RES	OURCES			
0	Floden	Ann	78773 Sunrise Mt Viev	760-772-4402	760-211-9330	annfloden@gmail.com
	FIRST AID STAT	ION DIRECTOR				
0	Ballard, RN	Royda	78802 Palm Tree	760-200-5452	760-902-6832	midwifeps@gmail.com
	CHAIRMAN EM	IERITUS:				
	SECRETARY:					



First Aid During an Emergency

EPC Volunteers are not required to provide First Aid. However, if you are willing, you may be able to help save the life of a neighbor. Remember to ask the person's permission prior to helping.

First aid might include applying pressure to stop bleeding or treating an injured person for shock until medical help arrives. You are not expected to be a trained Emergency Medical Technician. The Mobile Medical Teams (MMT), the First Aid Stations (FAS) and Search and Rescue Teams (SRT) have trained personnel for responding.

We do recommend that all EPC volunteers have basic first aid training through the American Red Cross or similar organization. Basic first aid training can help save a life of a family member, neighbor, friend or stranger. It is just very good training to have.

First aid printed resources are provided in this section for information only and are also available at the EPC website.

http://scpdcaclubs.com/epc/welcome-epc



Additional Resident Information

The Emergency Preparedness Committee thanks you for taking a leadership role in developing plans for preparing our neighbors in the event of a disaster.

Often residents will ask EPC Volunteers for information related to Emergency Preparedness. This section provides you with many different topics related to residents preparing themselves, their families and their homes for an emergency.

These printed resources are also available at the EPC website.

http://scpdcaclubs.com/epc/welcome-epc

Table of Org Chart BC MANUAL BCC MANUAL DD MANUAL EPC Personnel Reference - Reference - Contents & Abbrev List & Map First Aid Resident Info